

Food Pantry Shopping List

Shopping List is updated monthly.

All items are needed – but critical items for the month are marked. (*)

Nonperishable Food Items

Canned Items

Stew*

Tuna

Chicken*

Chili*

Spam

Ham

Spaghetios*

Spaghetti sauce

Tomatoes

Tomato sauce*

Refried beans*

Pinto beans

Ranch beans

Pork 'n beans*

Green beans

Green peas*

Corn

Carrots

Mixed vegetables*

Spinach

Canned Items

Fruit Cocktail*

Applesauce*

Peaches*

Pears*

Pineapple

Peanut Butter

Jelly

Orange Juice*

Apple Juice*

Dry Items

Dried beans (1 or 2 lb. pkgs. only)

Spaghetti* (1 or 2 lb. pkgs. only)

Rice (1 or 2 lb. pkgs. only)

Macaroni & cheese

Cereal (cold)*

Cereal (hot)

Personal Care Items

Shampoo*

Conditioner*

Bar soap*

Toothpaste*

Toothbrushes*

Dishwashing soap*

Laundry detergent*

Toilet tissue*

Baby Care Items

Diapers (sizes 3, 4 & 5)

Baby wipes

Baby food (2nd & 3rd)

Formula

*Items most needed currently.

Updated: September 2010